



PERSPIRATION PRESCRIPTION

Have wedding preparations got you breaking a sweat? For many women, excessive sweating (a.k.a. hyperhidrosis), is a bona fide medical condition which looms particularly large as the big day approaches. If you're worried that hyperactive sweat glands will rain on your wedding parade, fear not—there's help. When injected into the armpits, Botox temporarily blocks production of the neurotransmitters, which stimulate glands. "If you use one 100-unit bottle for both underarms, you will not have any sweating for three to six months," reports Dr. Martin Braun of the Vancouver Laser and Skin Care Centre. Cost averages \$400 per 100 units, so expect upwards of \$600 for a six-month treatment. If you're needle-phobic, try Drysol, or other topical solutions, available from your pharmacist. Bet you didn't know a Botox hit before a big red carpet event is how many Hollywood starlets stay dry! —L.C.

Source: WBbeauty, Spring/Summer 2004, p.68