



STYLE TIP

Curves Ahead

"The back is the new hot zone," Glassman says. Clothes with cutouts and alluringly low dips spotlight an often overlooked area. This minidress (Hervé Léger by Max Azria, \$1,350) is made of superstretchy fabric that holds you in and smooths you out. Trying before buying is mandatory with styles like this one; if a bra is needed, get one that works with open backs, like Le Mystère's Dos Nu Convertible Bra (\$64).

THE
BEAUTY
MAP

...to a Slimmer Silhouette

Even sylphlike models slip into shapewear to minimize bulges around the hips and waist. When temperatures are high, try Jockey's lightweight Shaper Brief (\$19). Looking for a longer-term solution? A new device, Zeltiq's CoolSculpting, uses intense cold to destroy fat cells. CoolSculpting was approved by the FDA last fall for body contouring, and doctors are excited about the results. "It's fantastic for getting rid of pockets of localized fat, like love handles or muffin top," says Jeffrey Dover, MD, associate clinical professor of dermatology at Yale School of Medicine. The procedure is virtually painless; some patients experience aching in the treated area for a few days afterward, but most have no side effects. You'll see the maximum results after four months; more than one treatment may be necessary. (Cost: About \$1,400 per treatment.)